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**Juan Paolo Bautista, M.D.**

**BOARD CERTIFIED FAMILY PRATICE**

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**Tucson, AZ 85712**

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Juan Paolo Bautista, MD

Dr. Bautista is a board certified Family Medicine physician. He practices primary care and integrative medicine, combining Western and holistic medicine. He completed his Integrative medicine fellowship at the University of Arizona. His interests in this field are acupuncture, mindfulness, Ayurveda, and plant-based nutrition.

Empowering and educating the community is one of his goals. He has led lectures and workshops in different parts of Tucson. The topics are focused on stress management and optimum health. In his earlier practice in the Philippines, he organized several medical missions for typhoon victims.

He calls Tucson home with his wife Patty, 1 year old daughter, Ka'iya, and pup, Chubbie. In his spare time, Dr. Bautista likes to cook, practice yoga, and spend time in nature.



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